



SUICIDE PREVENTION IN MEN IN NORTH EAST ESSEX: GRANTS

BRIEFING SHEET

We welcome applications for projects from groups, charities (with local delivery) and organisations that support men's suicide prevention, mental health or other underlying risk factors (see below).

Bidding Process

The fund is available for services delivered to Colchester and Tendring council areas.

The value of the fund is circa £50,000. There will be a second round in the summer of 2020; the value is not yet set but likely circa £27,000.

Grants of £2,000 per year, per location are available; for example, if an organisation is seeking funding to deliver work in both Colchester and Tendring, it can apply for up to £4,000.

As we have a higher level of funding for round 1, we will consider bids over £2,000 per location on an exceptional basis.

We will consider grants for 2 years funding.

Projects expected to commence by June 2020.

Bids will be accepted till 17th March. Applications will be assessed at the end of February and the end of March 2020 and notified no longer than 3 weeks after the decision making process has completed.

Who we want to help

- Men are more likely to take their own life than women (3:1).
- Middle age men are most likely but also peaks in older men and young adults.
- A quarter of people who take their life are known to mental health services.
- Stressful life events can also play a part; these include:
 - the loss of a job;
 - debt (including gambling) and financial insecurity
 - living alone, becoming socially excluded or isolated;
 - bereavement;
 - family breakdown and conflict including divorce and family mental health problems;
 - imprisonment.

- Other characteristics for vulnerability to suicide include
 - self harm;
 - specific occupations such as doctors, nurses, veterinary workers, farmers and agricultural workers;
 - known to the criminal justice system
 - survivors of abuse or violence, including sexual abuse;
 - veterans;
 - people living with long-term physical health conditions;
 - people with untreated depression;
 - people who are especially vulnerable due to social and economic circumstances;
 - people who misuse drugs or alcohol;
 - lesbian, gay, bisexual and transgender people;
 - Black, Asian and minority ethnic groups and asylum seekers.
- Stigma, prejudice, harassment and bullying can all contribute to increasing an individual's vulnerability to suicide.

Exclusions:

- Bereavement – there will be another national fund for bereavement from suicide, but we will accept more general bereavement support eg to tackle social isolation.
- Training e.g. mental health first aid or suicide prevention training is already available through other initiatives.

Ideas implemented elsewhere in the country

<https://www.healthierlsc.co.uk/suicide/suicide-prevention/innovation-fund-projects>
https://www.kent.gov.uk/_data/assets/pdf_file/0008/99701/Suicide-prevention-transformation-proposal-2018-to-2019-compressed-1.pdf

please note that not all projects take a focus on men.

Thank you for your interest; we look forward to hearing from you

Please encourage your staff and volunteers to take the Zero Suicide Alliance's e-learning training. It takes about 20 minutes <https://www.zerosuicidealliance.com/>

Please contact Louise Gambardella on 01371 8797221, louise.gambardella@ealc.gov.uk or visit our website for further information <http://www.ealc.gov.uk>