

EDITORIAL

JUNE

2005

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No time for jottings from the allotments, or should I say, no space. Suffice it to say that the merry band of gardeners are all singing from the same hymn sheet at the moment, i.e. "We really do need some rain". I'm sure this is the refrain echoed by those wonderful people who have kindly agreed to open up their gardens on June 5th. This promises to be a real treat and lunch and afternoon teas will be available on the day as well.

At the end of the month we have our annual village carnival to look forward to. By then the weather will definitely be hot and sunny! Offers of help are requested so if you can spare some time to assist on the day, please ring Bev on 250724. Both of these events raise money for our village.

As the nation prepares to celebrate its maritime heritage, Brightlingsea have pulled out all the stops to organise a ten day spectacular which promises to have something for absolutely everyone. We have given this a double page spread and feel sure that this one off event will be spectacular in every way.

The Conservation Group organised a boat trip which has proved to be a sell out. They have managed to negotiate a second one for the end of July but please book as soon as possible as places are limited. See page 32.

We are pleased to include the Parish Council Annual Report. There is also a heartfelt plea for volunteers to take up the three vacant places which exist on the Council at this present time. See page 26.

There really is a terrific amount going on both in Great Bentley and the surrounding area, during June. Let's hope that summer eventually arrives to provide warm sunny days to please those who have spent months organising these events for our benefit. (And some rain **at night** to help the gardeners!)

People keep asking how much we charge for advertising dances, quizzes, or for including special messages etc. The answer of course, is absolutely nothing. All we ask, is that in return you let us know how the events went. We're pleased just to help.

Mary Maskell

DISCLAIMER

Neither the Vicar, Church Wardens, Parochial Church Council, nor the Editor take responsibility for the information given or views expressed in the Great Bentley Parish News. Nor is any culpability accepted in work undertaken by advertisers.

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FRONT COVER

Sailing barge, THISTLE.

**Sea Britain articles
Page 30, 31.**

The Monthly Letter

June 2005

David's Deliberations

"To be a Pastor"

The delights of being a Pastor is that I get to meet lots of interesting people and called to carry out different services. One such delight was to conduct a wedding at Jaywick of two of the Scouts I used to be Chaplain to. (Yes Girl scouts). After the ceremony I was presented with a gift, which was a great surprise to me, it is usually the happy couple who receive gifts. The gift was a beautiful shepherds Crook which I will treasure for a long time.

The wedding took place on a Sunday afternoon and the Lectionary for that day was all about sheep and shepherds so the gift of a shepherds crook was very much in keeping of the day.

I was reminded why God has called me to be a Pastor. The word Pastor means a shepherd of people. It is quite a responsibility, to think in the terms of a shepherd, where I lead others may follow.

Not that I will ever be like another David mentioned in the Bible but his skill of being a shepherd boy was used to great effect.

David, must have spent his time singing songs and throwing rocks. Day after day with the sheep, there would have been lots of time to make up songs. And there certainly was an endless supply of rocks.

Did he ever wonder if he was wasting his time by singing songs and slinging rocks?

Interestingly those two skills, honed by hours of solitary practice while watching sheep, proved crucial in God's plans for him. His musical abilities were put to the service of a king, the tormented King Saul, and calmed him at least briefly. Later, his musical abilities had a more lasting effect as David penned the Psalms that we still sing and recite.

And the rock throwing? That skill, of course, led to David's stunning victory over Goliath. The stone slinger emerged as a national hero. In the Holy land rocks are part of the landscape. They're everywhere! Easy to complain about if you are walking on them. Yet for David, they were the raw material that God used mightily. Each of us are Pastors in the Church. We care for each other and our communities. God can use the skills that we have been given for His glory if we let him.

Pastor David

DEADLINE FOR THE JULY MAGAZINE

MONDAY 13th JUNE 2005

ALL material to Mary Maskell, Caldew Cottage, The Green, 250524

Please mark all material - "Parish Magazine"

Subject - Parish Magazine

e-mail: carolann@pncallington.f9.co.uk - Subject: Parish Magazine

Text only please - no pictures or graphics

EARLY COPY WOULD BE APPRECIATED

SERVICES AND EVENTS IN GREAT BENTLEY DURING JUNE 2005

ST MARY'S CHURCH

Seekers every Monday during term time -
Church Vestry Room 3.30-4.30pm

Bell Ringing Practice every Monday - 7.30pm

Choir Practice every Thursday - 7.30pm

Wed 1st 10.00am Holy Communion
Thur. 2nd 1.45pm MU in the Vestry Room

SUN 5TH TRINITY 2
8.00am Holy Communion
9.30am Sung Eucharist and Sunday School.

Mon 6th 7.30pm Meditative Prayer Group at Windsor,
Clacton Road, Thorrington.

Wed. 8th 10.00am Holy Communion
2.15pm Bentley Bears

SUN. 12TH TRINITY 3
8.00am Holy Communion
9.30am All Age Sung Eucharist

Wed. 15th 10.00am Holy Communion
4.00pm Standing Committee in the Vicarage

Thur. 16th 4.00pm Churches Together in the Vicarage

SUN. 19TH TRINITY 4 - FATHER'S DAY
8.00am Holy Communion
9.30am Sung Eucharist & Sunday School
3.30pm Public Baptism

Wed. 22nd 10.00am Holy Communion.

SUN 26TH TRINITY 5
8.00am Holy Communion
9.30am All Age Word & Worship Service
3.00pm Ecumenical Service with the
Salvation Army Band on the Green

WED 29TH ST PETER
10.00am Holy Communion

GREAT BENTLEY METHODIST CHURCH NEWS

We welcome you to worship with us during June.
Morning worship will normally be held at 10.30am.
The leaders of worship are set out below:

June 5th Peter Day
June 12th Pastor David Bavister Sacrament
June 19th Robert Taylor
June 26th Barbara Fookes Family Service

Service on the Green led by the Salvation Army Band 26th June, 3p.m. near the Methodist Church.

Luncheon Club welcomes new members. The Club meets every other Tuesday for a fully cooked meal. There is a very friendly atmosphere and if you cannot manage to walk to the Methodist Church, transport can be arranged. Couples or single people are all welcome. The meal costs £2. Please ring Joan Fookes 250431 or Brenda Gourley 251330 for more details.

Church Membership Group Wed. June 1st 7.30pm.

Each week the following events are held at our Church ring these numbers for more information

Luncheon Club Alternate Tuesdays 12 Noon 251330

Parent & Toddlers Group Thursdays 9-15 a.m. 250431

Bowls Club Alternate Thursdays 2 p.m. 250431
Social Bowls on June 2nd, 16th, 30th at 2pm.

Junior Adventurers Fridays 7p.m. 250087

FLOWER FESTIVAL

JULY 2nd & 3rd

**THEME
FAMOUS BOATS**

Craft Fayre on the Saturday

**Gt. Bentley School Choir
will be giving us a concert
on July 2nd at 7pm.**

ST MARY'S CHURCH ROTAS FOR JUNE 2005

BAPTISM

19th June

Joshua George Fowler

SIDESPERSION'S ROTA

Sunday 5th June - Trinity 2

Sidespersons - John & Jennie Moss
Intercessions - Graham Thornton

Sunday 12th June - Trinity 3

Sidespersons - Bob & Olive Wright

Sunday 19th June - Trinity 4 (Fathers Day)

Sidespersons - Dennis Curry & Sybil Luck
Intercessions - Penny Metcalfe

Sunday 26th June - Trinity 5

Sidespersons - Chris Aplin & Carol Kerridge

COFFEE ROTA

5th Rita Coles/Audrey Meaden
12th Sybil Luck
19th Pat & Luke Berriman
26th Carole & Peter Allington

CLEANING ROTA

4th John & Jennie Moss
11th Penny Buchan
18th Ann Griffiths/Billie Soar
25th Sylvia Adams/
Dreena Williamson

FUNERALS

19th April	Louis Rivett
9th May	John Bromley
10th May	David Turner
11th May	Mabel Wells

WEDDING

**DAVID PARKINSON TO
HELEN LOUISE DAVY
AT ALL SAINTS CHURCH BRIGHTLINGSEA
18th JUNE**

MOTHERS' UNION

Our thanks to Valerie Catchpole for a most interesting morning on 5th May — we all discovered much more about our innerselves!

On Thursday 2nd June Rev'd Bernard Metcalfe will be our speaker at 10.15am in the Vestry Room—his subject will be; "Peace and reconciliation". Everyone will be most welcome.

At the service of Holy Communion at 10am on Wednesday 15th, prayers will be offered for our work in the dioceses of Boga and Kisangani in Congo: Okigwe North and Okigwe South, Orlu and Owerri in Nigeria and Oxford in our own country.

Saturday 25th is the day of our International Annual Meeting at Ipswich Football ground—a great opportunity to meet with members from many other places. Please have a word with me if you would like to come, some tickets may still be available. It starts at 10.30am and finishes around 4pm, amongst our guests will be Dianne Louise Jordan and Frank Field. THE THEME, "Make Poverty History"

Love, Myrtle Clayton

THANK YOU

ANIMAL BEDDING

The bedding store at the Colne Valley Animal Rescue Centre has been replenished once again as suitable items have continued to be donated by the kind readers of this magazine. Judy and I have also been able to take a car load of blankets, towels, duvets, sleeping bags, bedcovers etc., along to the Greyhound Rescue at Little Totham, where they were most gratefully received. Thank you all very much.

Alan Bishop, 23, Cedar Way. Tel: 251702

Phyllis and Laurel,

wish to thank friends and neighbours for their kindness and practical help at this time of deep sadness.

Thank you for all the cards with comforting words and beautiful flowers received. Also for donations for the Church Tower Fund.

Our special thanks to;

Dear Gwen

Tim

Julie, Karl and Kieran

Barbara and Stan

Anne

Beryl and Terry Newell

Sean and Donna

Pastor David Bavister

Hector Simmons

And the Bowls Club

THE PLANT SALE & COFFEE MORNING

Mary and I want to say a very big thank you to everyone who supported the plant sale and coffee morning. As a result we raised £517 for St. Helena Hospice-an excellent result. It was such a cold windy day that we decided to move everything inside the hall-much more comfortable for people and plants alike.

Our thanks go to everyone who helped make it such a success, helpers and buyers alike, and also to the nurseries who provided plants-Hilltop Nursery Weeley, Shrublands of Alresford and Deans of Great Bromley with a special mention to Beth Chatto who sent a season ticket for two to her gardens. This was won by Lois in the raffle. Thank you too, to those who provided cakes, books, including Hospice Books of Frinton, items to sell and raffle prizes.

The Hospice is very grateful.
Barbara.

HAPPY BIRTHDAY

MACIE JANSMA

HAPPY 1st BIRTHDAY

21st JUNE

ALL OUR LOVE

MUMMY & DADDY

**HAPPY BIRTHDAY TO
OUR LITTLE RAY OF SUNSHINE**

LOTS OF LOVE

NANNIE & GRANDAD

AUNTIE NICOLE, HANNAH & MAX

HAPPY 1st BIRTHDAY

LOTS OF LOVE

NANNY, GRANDAD

AND UNCLE CHRISTOPHER

XXX

BEN ADAMS

A DEAR SON AND BROTHER

HAPPY 21st BIRTHDAY

17th JUNE

LOVE ALWAYS

MUM, DAD & JO XX

HAPPY 21st BIRTHDAY BEN

HAVE A GREAT DAY!

LOTS OF LOVE & BEST WISHES

NANNY, GRANDAD,

MICHAEL, SAM,

CHARLIE & HARVEY XX

THANK YOU

We would like to say a big thank you to everybody who participated in the Coffee Morning, which helped raise us £30 each, for our expedition to Vietnam this summer.

From Pak Hou Cheung

Kat Edwards

Robert Field

GOOD NEWS AT ST MARY'S ANNUAL MEETING

St. Mary's has a new Churchwarden. After 17 years, Graham Thornton stepped down at the Annual Parochial Church Meeting. He will however be continuing as Treasurer for another year. The Vicar and the whole meeting expressed their warm thanks for all his hard work. Nicky Justice was elected in his place. Peter Allington will continue as our other Churchwarden. As a young Mum, Nicky's appointment celebrates the fact that there is an all age congregation at the Parish Church, welcoming young and old alike.

The meeting also heard the good news that our historic tower will be repaired later this year. Fundraising has been going well. People have been very generous and this is deeply appreciated. However the Treasurer warned us not to be complacent as we enter the last lap.

There is a danger that all the fundraising for our village's heritage will obscure the fact that St. Mary's also quietly continues raising money for charity. The Annual Accounts showed a fuller picture. Grants totalling £1150 were shared between nine different charities in 2004. A further £956 was raised for the Children's Society and £530 from Sunday collections was sent to Christian Aid for Tsunami Relief. Ecumenical fundraising brought in a further £1108 for Christian Aid during Christian Aid Week 2004. The Mothers' Union sent an additional £610 to charitable projects at home and abroad. On top of all this, a host of other Church collections were passed on to various charities, amounting to over £1000. That really is good news.

Bernard Metcalfe

TOWER APPEAL FUND-RAISING EVENTS

Summer Fayre

Saturday 23rd July

2.00pm

In the Church Grounds

(If wet stalls will be in Church)

FANCY GOODS
BOUNCY SLIDE
SWEET STALL
REFRESHMENTS

TOMBOLAS
CAKES
PLANTS
BARBECUE
CRAFTS
BRIC A BRAC
BOOKS
TOYS

and much more

BELLY DANCERS

If you have any tombola prizes, crafts, bric a brac, toys, plants or cakes please contact:

*Nicky Justice - 251474 or
Wendy King - 250852 or take to Church*

FORTHCOMING EVENTS:

HOG ROAST

Sunday 31st July

at

White Lodge

The Green

(Home of Mr & Mrs L. Berriman)

More details next month

There will be a Church Stall on the Green in conjunction with the Open Gardens on **Sunday 5th June**. A good supply of excellent books will be on sale.

The Church and Churchyard will be open to visitors

CAN YOU HELP?

On 3rd April a burgundy 'S' reg Peugeot 406 was used by two males to commit a distraction burglary in the Walton area. Please be aware of this vehicle in case it comes to our area.

Please report anything suspicious to us.

Many Thanks

Danny Harris Pc777

**TENDRING COMMUNITY TRANSPORT
HOPPER BUS
MONDAY - FRIDAY
COST £5 RETURN**

Village Hall	9.37	11.57	15.17
Colchester General	9.58	12.18	15.38

Colchester General	10.15	13.35	15.55
Village Hall	10.38	13.58	16.18

If you need to get to The Oaks, Essex County or the Hospice, this can be arranged but please state this when you book your place.

Please ring 01255 436 962

BRIGHTLINGSEA FARMERS MARKET

**BRIGHTLINGSEA
COMMUNITY CENTRE**

LOWER PARK ROAD

**THURSDAY
JUNE 30th
9.00am - 1.00pm**

THE FRIENDS OF THE GREEN

Present

GREAT BENTLEY GARDENS OPEN DAY

**SUNDAY 5th JUNE
11.00am - 6.00pm**

Admission to the gardens by programme obtainable from the CARAVAN on Great Bentley Green

Morning Coffee. Plant & Produce Stalls.
Light Lunches at 'Wellers',
12.30am - 2.00pm
Afternoon refreshments at 'White Lodge'
3.00pm - 5.00pm

Dogs not allowed in Open Gardens

Family Programme - £5.00.
Adults - £2.50
Children - £1.00.
Children under 5 years - Free

CRICKET FIXTURES DURING JUNE

Sat	4th	1st XI	v. Kirby	A
Sun	5th	1st XI	v. Chappel	A
Sun	5th	2nd XI	v. Little Baddow	H
Sun	12th	1st XI	v. Clacton Ramblers	A
Sun	12th	2nd XI	v. Maldon	A
Sat	18th	1st XI	v. Ardleigh	A
Sat	18th	2nd XI	v. Ardleigh	H
Sun	19th	2nd XI	v. Copford	H
Sun	26th	1st XI	v. Gt Bromley	H

EVENTS

GARDEN PARTY & OPEN DAY

AT THE OAKS
ST. MARY'S ROAD
SATURDAY 9th JULY
2pm-4pm
STRAWBERRY TEAS
ALL WELCOME

GREAT BENTLEY

ART CLUB
33rd ANNUAL
ART EXHIBITION
SAT & SUN 4/5th JUNE
10am-5pm
Admission 40p

Refreshments Available

Demonstrations of decoupage & wax painting

BENTLEY GREEN PLAYERS A.G.M.

TO BE HELD ON

MONDAY 20th JUNE
AT 7.30pm
IN THE VESTRY ROOM
MEMBERS & NON-MEMBERS
VERY WELCOME

Refreshments will be available

GREAT BENTLEY GOOD
NEIGHBOURS AGM
THURSDAY 9th JUNE
AT 8pm
THE VILLAGE HALL
ALL WELCOME

NORTH ESSEX CONSERVATIVE ASSOCIATION
GREAT BENTLEY BRANCH

INVITE YOU TO A **STRAWBERRY TEA**

TO BE HELD IN THE GARDEN OF

WHITE OAK

THORRINGTON ROAD

SUNDAY 12th JUNE From 3.30pm

Children's FANCY DRESS COMPETITION

RAFFLE PLANT STALL

TICKETS: £6 FROM;

ZENA WENT 250575

OR PAMELA STEPHENS (01255) 831567
TO INCLUDE A GLASS OF BUBBLY!

THORRINGTON PRE-SCHOOL OPEN DAY

ON THURSDAY 23RD

THORRINGTON VILLAGE BALL

(OPPOSITE CHAPEL LANE PLEASE FEEL FREE TO
COME ALONG AT ANYTIME

BETWEEN 9.150 -12 NOON.

WE ARE NOW REGISTERED BY OFSTED
AND WILL BE OPENING IN SEPTEMBER.
FOR INFORMATION CONTACT

LAURA ON 01255 820156 OR

EMAIL Preschoolforyou@aol.com.

GREAT BENTLEY CARNIVAL

This is the month where everything goes mad and all the committee are pulling their hair out, but hopefully it all comes together on **SATURDAY JUNE 25th** at 1.15pm (depending on the train time table). If you would like to enter the procession, give me a ring and I will drop off an entry form. The more entrants the better and this year's theme is '**60 Years Of Peace**'. If you have any books or old crockery that are cluttering up the place, drop them off to me. Also, I am quite sure that the cake stall (Janet Taylor) and the tea tent would appreciate any offerings. On a lovely sunny day, there could be up to 1,500 people wandering about and that's an awful lot of baking / sandwich making!

Our usual Carnival Programme will be on sale before and on the day with information about what's on and this year we are hoping to have demonstrations from The Colchester Model Aircraft Club, The Taoist Tai Chi Society who are hoping to set up a club in the village and the Tailwaggers Dog Club who were a great hit two years ago as well as the Great Bentley School Cheerleaders. All the usual bands, stalls (look out for newly made stocks with some interesting people in them - could be one or two locals you might want to throw some sponges at!), five a side football, refreshments, beer tent, barbecue and the Fun Fair. A good day.

As always, any offers of help would be gratefully accepted. We are a friendly lot, usually, and do try hard to raise money which all goes to the children's groups in the village. Please come along on the day and support us, we really would appreciate it.

Bev Adams Tel: 250 724

Tribute to an amazing lady

Barbara Tricker undervalues herself when she said her epic Ipswich to Lowestoft walk wasn't like running a marathon. True such a walk does not involve the total sustained physical and mental effort required of that event, but for a lady of 80 summers to take on a walk of nearly 80 miles spread over 12 days, was a tremendous performance. To start afresh each day, after traveling further and further to each starting point, chancing what the weather might throw at one, takes considerable resolve.

On the two days I accompanied Barbara, the first being the Beccles to Oulton Broad stretch, together with my wife Shirley, Len and Dianne Claydon and Barbara's delightful grand-daughter Kate, and the second and last day the final trek from Oulton Broad to Lowestoft Ness with Jenny, Barbara's boundless energy, enthusiasm and cheerfulness were infectious. We all thoroughly enjoyed the experience and were proud to have been part of it.

I believe Barbara did a similar extended charity walk 10 years ago – any chance of a hat trick in another 10 years time? Our heartfelt congratulations go to Barbara for her outstanding achievements. May she go from strength to strength.

Paul Manwaring

Barbara completed the 70+ miles of the Cornish Way for her 70th birthday as a solo effort. For her 75th it was the Essex Way and 80 or so miles and then on to her latest conquest the Ipswich to Norwich walk, again in excess of 80 miles.
Well done Barbara. Ed.

The next major walk for villagers in general, will be the Beating of the Bounds, (a mere 13 miles in one day! But don't worry you do not have to complete the whole circuit) which will take place in September 2006. This takes place every 7 years. Start practicing now! Ed.

RATS!!!

As it's that time of year again I thought I would remind everyone of one or two facts about rats. They begin to breed when only a few weeks old and continue through their entire life and that means a great many rats. These can pose a danger to people, pets and property. I would like to mention a few ideas which could help to keep you rat free.

Don't leave scraps of food about, especially cooked foods. Possibly after a barbeque or picnic, food has been dropped, try and find it and dispose of it in a BIN, not a bin liner. Rats love bin liners, easy pickings!

When we feed the birds, as most of us do, make sure surplus food isn't left around. Also if you use feeders, (for nuts etc.) a good idea is to place either an old meat tin or tray underneath so any surplus can be taken away.

If you have young children remove ground level bowls of water as there can be a slight danger of contamination from rat urine. A pond is not the same, as children can't play about in it. Move anything moveable in corners where holes may go undetected until a problem occurs.

Teach children not to leave half eaten food around and explain why! They will like to think that they are helping and of course they will be.

Similar ideas apply to pet rabbits, guinea pigs, gerbils in fact all caged animals living outside. People who keep chickens will already know the problems that rats can cause, so will most other country folk as we grew up with this knowledge and how to deal with it. This letter is really aimed to help the younger parents and their children and if we all work together we will lessen the problem, not entirely I know but everything helps.

Remember, not many people see rats about because they mainly come out at night, but if there is nothing for them to eat, they will go next door and so on, so as I said, help your neighbour.

I will now include the phone number of the **Pest Control Officer: 01255 433999**

I hope this letter will help someone.

Betty Harvey

FOR SALE

Brand new 1/2 inch Router 1250W with 15 TCT Cutters	£75.00
Black & Decker Wallpaper stripper	£5.00
Black & Decker Mouse Sander	£15.00
Toolbox with assorted woodscrews, assorted HSS drills, masonry drills and wood bits plus a few hand tools	£25.00
Bosch Power Planer (in box)	£15.00
Bosch Orbital Sander (in box)	£15.00
18' Extending Aluminium Ladder	£25.00
Ladder Stay	£5.00
Roof Rack Ladder Clamps	£5.00
Heavy Duty Sack Barrow	£15.00
9' High Strong Metal Tower complete with staging	£40.00
Builders Halogen Floodlight	£5.00
3/8" Drive Metric & Imperial 40 Piece Socket Set	£5.00
3' Single mattress (New)	£30.00
2.6" Mattress (as new)	£10.00

Phone contact Lillian on 250958

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SURGERY NOTES

The nights are drawing out, the sun shines (in theory) and the weather is becoming warmer. The summer birds, butterflies and flowers brighten up the countryside. Everyone feels fitter and happier, which is wonderful.

The drawback seems to be that some youngsters - whether they are local or not, I can't say - congregate around the surgery car park, Bentley House and the old forge, leaving litter and, deliberately or otherwise causing damage.

We've all been young and, I guess, most of us have had our wilder moments. However, some of the damage done, for example, pulling a gas vent out of the wall, causes danger to the people doing the damage and to the occupants of the building. It needs to be clearly understood that anyone causing damage to the surgery is performing a criminal act and will be prosecuted if caught.

I am told that there are still some people who don't realise that the surgery is closed on Saturdays these days. Just in case you didn't know, normal surgery hours are now 8.30am to 6.30pm, Monday to Friday. If you need urgent medical treatment outside these hours, then the thing to do is to ring the surgery number, 01206 250691. You will then be automatically transferred to the Primecare out of hours service who will look after you.

Primecare are there, available and working whenever we are not. They provide full surgery-type services to deal with urgent matters which can't wait until we re-open. They employ fully qualified and experienced GPs and we would expect you to be just as well cared for medically by them as you would be by the GPs here. They will not, however, issue non-urgent repeat prescriptions or deal with people wanting to make appointments.

It is worth reiterating also that Primecare are only there for urgent medical matters. If you have a problem which can wait until the surgery is open again, please ring us during normal hours.

Have you ever wondered how your medical notes get from surgery to surgery when you change doctors? Well, amazingly in this day and age, it is all still done by couriers driving large boxes of paper around the country, rather than by any of the hi-tech systems which are so reliable and easily available these days.

I suppose that one reason is that some doctors' surgeries still don't record everything on computer like we do. We still receive huge bundles of paper notes for many new patients, when a floppy disk, a CD or even a short burst of encrypted electronic data would be such an easy option.

On the plus side, this means that we have Nicky Justice, our featured employee of the month, who goes through all new notes putting essential medical information onto our computer. Be it what you have on repeat prescription, the result of an x-ray taken a few years ago or even details of the immunisations that you had as a child, if it's there in your paper notes, Nicky will ferret it out and code it into our computer records.

Nicky has been trawling through dusty old papers for us for two years now and is diplomatic enough to say that it doesn't seem that long. On the personal side, she is a qualified nurse who presently devotes most of her time to looking after children Hannah and Rebecca and husband Andrew, a GP at another local practice. When she has time, she likes cycling and was fit enough to do the Tour de Tendring this weekend with the whole family.

It's often people like Nicky, who aren't necessarily at the sharp end of the practice, seeing people at the counter or answering the telephone, who are vital in making sure that the doctor can look after you properly. They might occasionally be overlooked, but they are never under-valued.

Hugh Cronin
Practice Manager

Pet's corner

What is a referral?

Like your own general practitioner doctor (GP), your general practitioner veterinary surgeon is the frontline in veterinary medicine, seeing all the day to day problems. They will confidently and competently examine, diagnose and treat the majority of animals and diseases presented to them. Indeed, there is a move within the veterinary world to recognise the vet GP as a "specialist" in his or her own right after appropriate examination.

Sometimes, though, your vet will feel that a particular case would benefit from seeing someone with greater experience or training in a particular area, or someone will more specialised equipment (which can be vastly expensive, our "second-hand" ultrasound scanner cost £50,000 alone!). These vets spend a much larger proportion of their time dealing with the area concerned. In these cases, you will be offered the chance to see a "specialist" at a referral centre.

As in human medicine, the referral vet will take over your pet's case and liaise with your own vet afterwards for follow up treatment.

The referral vet you see will have undergone a program of specific training and study for some years, and has passed examinations in their chosen area of veterinary medicine or surgery to receive this qualification. Specialist areas include internal medicine, diagnostic imaging (ultrasound/Xrays/MRI scans, etc), dermatology (I am studying for this at the moment), soft tissue surgery, cardiology, ophthalmology, neurology, orthopaedic and spinal surgery, behavioural medicine.....to name but a few!

There are different levels of specialisation open to vets, although generally there are two tiers. Firstly, and most commonly, a vet may study, train and sit examinations in their chosen field to achieve a **Certificate** level qualification (Cert...after their name). The Royal College of Veterinary Surgeons (RCVS) sets the examinations for Certificates, and vets who hold certificates have shown a good knowledge and understanding of their subject.

Secondly, a vet can become a **recognised Specialist**, usually through a residency program (at least 3 years) under the supervision of a recognised Specialist. As a resident they must work, study and publish scientific articles over a number of years and then sit examinations. There are far less of these around, many are also recognised at a European level too.

The cost of treating injured or ill animals, as well as the cost of the training, and development of expertise by referral vets unfortunately comes at a price. We have no tax derived ways of paying for this,

so we encourage a good pet insurance to enable this level of service to be financed. The cost of an MRI scan (of which we refer an animal every few weeks to our nearest centre) is £1,000 alone without treatment, consultations, etc. Historically referral centres were based at Universities, subsidised by teaching costs, etc. But the subsidies have dried up. Now there are many veterinary referral centres around the country (such as my practice), making referral an easily accessible option, with appointments for emergencies the same day, and for non-urgent cases usually the same week.....maybe the NHS could learn something from us?

MARK ALLINGTON

MOBILE POLICE UNIT JUNE

**Wednesday 8th
Wednesday 22nd**

2.15pm - 3.45pm

Outside the Plough Inn

BLOOD DONORS

Monday 6th June

Brightlingsea Community Centre

13.30-16.00: 17.00-19.00:

RECYCLING FOR JUNE

**Aingers Green
Tuesday 7th
Tuesday 21st**

**Great Bentley
Friday 10th
Friday 24th**

WILDLIVES

Once again the centre has been forced to close. This is because Rosie has become completely exhausted. Usually the winter period is quieter and gives Rosie and all the volunteers a respite, but this year the admissions continued unabated through the colder months. We did have a full-time sponsored employee, but when he left without giving any notice the workload was just too great, and the centre had to close for admissions to safeguard the welfare of those animals who are permanent residents. During the course of last year, when all the donations had been accounted for, there was a shortfall of £12,280 for the year - a cost currently met by Rosie from her own money. However, this is not a bottomless pit, and Wildlives must be set on a more secure footing if it is to continue saving the lives of animals and providing advice to worried callers nationwide. Funding one or more employees is one of the main priorities, as the vastly increased number of animals passing through the doors mean that it is no longer physically possible for one person to do all the work - even one as determined as Rosie! After discussing the problem with many of our supporters, Wildlives is pleased to announce the launch of the Wildlives Supporters Group. Membership will cost just £20 a year - for the cost of an apple, or a can of Pepsi a week members can make a very real and practical contribution to the continued work at Wildlives. If you would be interested in joining, please return the slip at the bottom of this newsletter, and we will send you all the information you need to join.

Despite some initial setbacks - her leg proved to have an infection deeper into the bone than was first thought, and she had to have another operation to remove more of the leg - Penny fox made an excellent recovery, and was released back to where she was found in great condition and raring to go.

All the fox cubs recovered well from their various traumas, and three have now been transferred to the Fox Project where they can be kept with other foxes their own age and prepared for their release back into the wild. Ollie is still at Wildlives; his fur has now grown back beautifully, and we hope to be able to find a place with cubs of his own age for him very soon.

Ollie still wants to play all the time, but does not realise how sharp his teeth are. After several nasty (although well-intentioned) bites to volunteers it is becoming critical that he should have companions of his own kind to play with.

Tawny Owl

A Tawny owl was found, dazed and disoriented, on the road near Weeley Roundabout with rush hour cars swerving around him. A brave volunteer managed to pick him up and bring him to the centre, where he was diagnosed with shock and concussion.

Fortunately he made a very quick recovery, and was released as soon as possible into woodland near where he was found.

Wildlives were anxious to release him as quickly as we could, as most owls will have chicks to feed at this time of the year.

Please send me more information about joining the Wildlives Supporters Group.

Name:

Address:

Please return this coupon to: Wild lives Supporters Group, Wild lives Rescue and Rehabilitation Centre, Catkins,
Frating Road, Thorrington, C07 8HT

Check the web site for lots more pictures of all the animals!

Helpline: 01206251174

Newsletter editor: kathy.jinkings@ntlworld.com

Registered Charity 1104167

DO YOU LIKE SPICE?

I don't mean the girls. I am talking about the new Indian restaurant in Elmstead Market, In my opinion it's better than the usual run of the mill Indian Restaurants, my good lady and I have frequented many in the past but have found "The Spice" to be very different in many ways.

You are greeted with a welcoming smile and shown to your table where you are allowed to settle down after your journey and have a drink. No rush, no push to hurry your order, just very attentive staff. There is more to the Indian cuisine than the common chicken or lamb curry, if you are prepared to be adventurous and try some of the other set meals from the menu, like us you will be quite surprised at the variety of different tasting foods. The service you get here is out of this world; you get help with anything and everything without the feeling of being a trouble. They have taken over the Maltravers Restaurant, which in its day was a lovely place to eat if you could get a booking, and now you get the same at "The Spice" Indian Restaurant, the only difference being the type of cuisine. At present you may get a table on the off chance but to be sure it's better to book. The restaurant menu is almost the same as their take-away service, but it's nicer to go out and sit down and have all these choices served up for you. The best way to test the water is to dip into it, we have, and it's been a great experience which we have tried on several occasions now and have not been disappointed. We had drinks, then starters, main course, followed by a lovely choice of desserts and a bottle of delicious wine to help it all down. All of this for the two of us was just over £46. The price of this sort of meal is immaterial when you have had a lovely evening out with your favourite person or the family. Give them the benefit of serving you a lovely meal. I'm sure that you will not be disappointed.

Open 7 days a week, but closed for Friday mid-day. Telephone: **01206 822419** or **01206 827815**.

The staff will always find space for wheelchair users.

Another place to consider:

The Haywain Bistro.

High Street, East Bergholt.

Well worth a visit, a small but lovely building it used to be a Tea Room, it is now run by a lovely couple Gary & Anne. As you book your meal, there is no hurry, the table you book is yours for the evening and you can have your food when you want it without any pressure. The service is great and personal. The food is delicious, the choices of wines are equally as good. A lovely restaurant to celebrate the perfect celebration. They also have theme nights during the week so you could be having eg. Italian food or Spanish food. The culinary skills of the chef are amazing when you look at the range of choices on the menu. My partner and I were introduced to the Bistro by someone else that enjoyed it so much that they wrote about it in the Tendring Parish Magazine. From reading the account of their visit my taste buds became over active and I had to try it out for myself.

Closed Monday & Tuesday. Wednesday to Saturday 12.30 to 2pm, & evening's from 6.30pm, last table orders are taken at 8.30pm. Sunday open all day. Last table orders are taken at 7.30pm.

Bookings recommended, **01206 299194**.

Dennis Curry

Have you enjoyed a meal out or a day trip that you feel others would like to hear about or experience?
Please write in and let us know. Ed.

GOOD HOME WANTED

FOR A TYPEWRITER

in its original case

(Imperial Good Companion 5)

ALSO a 10 year old Compaq Computer

(Would it contain useful parts?)

Phone 250808

EDINBURGH (1921)

Saturday 11th.

FLAG RAISING IN JUNE

Thursday 2nd.

UNION FLAG

CORONATION DAY (1953)

Friday 10th.

UNION FLAG

BIRTHDAY OF THE DUKE OF EDINBURGH

Saturday 11th

Union Flag

The Queens Official Birthday

(This is the day when the Trooping the Colour takes place on the Horse Guards Parade)

THE FORGE.

LETTERS PAGE

Why do those in authority over the village green leave the Forge standing as it is? It is nothing more than a glorified eye sore another place for the youngsters to hide away to do a number of things. (your imagination has not got to wonder too far in this day and age.)

On Saturday 14th May, we saw people in there smoking, yes, young people. When they came out there were 10 of them, 8 boys and 2 girls, one could have thought that the place was on fire with all the smoke coming out of it. This goes on every day of the week, our very young children should not be allowed to go in there. I refrain from mentioning the items that have been seen in there.

The condition of the Forge building is such, that it appears it is going to be left to deteriorate or for the aforesaid young people to vandalise it further. It is getting that way already, and where places have been boarded up they just rip it off again. Hence the village parents are disgusted with the state of it. Village history or not, something should be done to remove that blot off the landscape of our village of Great Bentley.

There were some suggestions floating around from some parents that it could be used as a refreshment place for the parents and children that use the play area. Who knows, the number of ideas for its use are endless. It should be put to the village people as to what should happen to it. If there is not a sensible idea for it's use then it should be removed, demolished, and maybe used for extra parking spaces, something that this village is badly in need of.

Dennis Curry

Dear Editor,

After spending the season reporting on the senior football sides of the county for the Green Un and EADT, it was a great pleasure last Saturday (14th May) to go onto the village green and watch the local team perform.

After the cut and thrust of players who demand a lot of money before they will put on their kit and play for a team, it was a pleasure to see players that looked as if they were enjoying the game.

Since moving into the village just before last Christmas this was the first opportunity that I have had to watch the local football team, what a joy it was to witness the game at the grass roots level. The Man Utds and Arsenal's of this country depend on clubs like Great Bentley F.C. to bring on the young players of the future.

Ironically the locals had a convincing 3-0 win over a side that I was connected with many years ago and of which I am a life member.

I hope that my reporting commitments will allow me to watch the locals again in the future as they were a joy to see and were a credit to the village.

Vernon Sitch

CARPET BOWLS AT TENDRING

Do you enjoy Carpet Bowls? Perhaps you already belong to one of the day-time clubs. If you are interested in additional evening sessions, we also have a carpet bowls club in the village of Tendring and would be pleased to welcome some new faces, with or without experience.

We are a small friendly team and our ages range from 18 to 80. We compete in the local League matches and our practice night is usually held on a Thursday.

Our fees are minimal; £1.00 per night and £5 Annual Membership . All bowls kit is provided by the club.

For information regarding "FREE" starter sessions and dates of our summer practice nights, please contact;

Paul Hodgson 01255 830352

Julia Cottee 01255 830345

ELDER (Cookery & Nature Notes combined!)

Alternative common name(s): Black elder, bore tree, bore tree, common

elder, pipe tree *Partes) used:* Leaves, flowers, bark and berries

Description: Called the 'medicine chest of the country people' almost every part of this shrub can be put to good use. Growing to approximately 20ft (6m) high the shrub or small tree bears flat clusters of creamy white flowers in June that are followed by shiny black berries in autumn. The flowers give off a strong scent of Muscat grapes, though the smell of the leaves when crushed is far from pleasant. Happily, they can be put to good use in the garden as they act as an insecticide and protect fruit and vegetables from being damaged by aphids and greenfly.

Elder was a traditional addition to most herb gardens in times past, when all the herbs in the garden were under the protection of the Elder Mother or Spirit of the Elder. It was believed that if you stood underneath it at midnight on midsummer night you would see the King of the Elves go by and if you planted one near the house it would guard the inhabitants from the evil spells of witchcraft and thunder. The Greeks and Romans used the hard wood to make musical instruments and Pliny noted that the most melodic of pan pipes were made of Elder. Certain habits remain constant over the centuries and the straight branches, when the pith has been extracted, are still made into pea-shooters just as Culpeper mentioned in his herbal: 'every boy that plays with a potgun will not mistake another tree instead of the elder. Thought by some to be an unlucky tree it is sometimes know as the tree of the Crucifixion but there is no evidence to support this. It also had associations with witchcraft and many country people regard the cutting of elder in a hedgerow as unlucky. However it was believed that it gave protection against lightning.

Elder is the most versatile herb, and its culinary medicinal and cosmetic uses are legion. A small bunch of flowers tied up in muslin and cooked along with the fruit adds a delicate flavour to gooseberry fool and ice cream, and the syrup is a delicious addition to a fruit salad. The bunches of small purple-black berries with which the Romans dyed their hair, give a dark, rich colour to wines, jams and jellies and add a colourful dash of interest to pies and crumbles. But take note, these shiny little berries should not be eaten raw. Very little can beat the pleasure of drinking a glass of chilled elderberry champagne or cordial on a summer's evening. It is easy to make and always popular.

ELDERFLOWER CORDIAL Thinly peeled rind of 1 lemon

50g (2oz) brown sugar

3 fresh elderflower heads 300 ml ½ pt) boiling water

Put the lemon rind, sugar and Elderflowers in a large jug and pour the boiling water over.

Stir until the sugar has completely dissolved and allow to cool.

Strain, then dilute to taste

with cold water and ice.

GOOSEBERRY AND ELDERFLOWERJELLY

Ingredients

Approximately 2½ lb (1. 15kg)

2lb(900g)gooseberries 1 pt (600ml) water granulated sugar 2-3 heads elderflower

There is no need to top and tail the gooseberries. Place in a pan with the water and simmer very gently until absolutely tender. You can do this in a very low oven for about 3 hours, because in this way you get a wonderful amber jelly and more flavour. Turn the mixture into a jelly bag and leave to drain without squeezing. Measure the juice; you should have about 1 ~ pts (750ml), and to each pint (600ml) of juice take 1 lb (450g) sugar. Place the sugar and juice in a jam pan, warm, and stir to dissolve the sugar. Tie the elderflowers in muslin and add to the jelly once the sugar has dissolved completely. Boil very fast, for about 3 minutes, then test on a saucer for setting. Boil for a little longer, if necessary, remove the elderflowers, skim, and pot into prepared warmed pots. Cover, seal.

TO USE AS A POULTICE To help clear up spots and acne apply a poultice of crushed elderflowers: tie 5ml(1tsp) of fresh elderflowers firmly in a muslin bag and hold in a little boiling water until softened. Apply to the affected area as hot as is bearable; soak again and reapply several times until the goodness of the herb is used up. To prevent spots from reoccurring use an elderflower cleanser, which will soften the skin.

CLEANSER Add a cup of boiling water to 5ml (1tsp) of dried flowers or 15ml (1tbsp) of fresh and allow to steep for at least 30 minutes.

ELDERFLOWER JELLY 1.75g (4lb) cooking apples 1 kg (2.2lb) preserving sugar 45 ml (3 tbsp) lemon juice

1.2 litres (2pt) water 4 large elderflower heads

Wash and chop the apples and without peeling or coring them. Place in a preserving pan filled with the water. Bring to the boil and simmer until the apples are soft. Pour into a muslin bag, or jelly bag if available, and allow the juice to drip through slowly - overnight if necessary. Measure the extracted juice and to each 600 ml (1 pt) add 450g (1 lb) of sugar. Bring the liquid to the boil. Wash the elderflowers and tie them in a muslin bag. Add to the liquid and continue to boil for 10 minutes. Remove the flowers and boil for a further 10 minutes until setting point is reached. (To test this, remove the pan from the boil and take a little jelly and put it on a cool plate; if a skin forms after 5 minutes and the liquid begins to solidify, setting point has been reached). Skim the liquid and add the lemon juice. Pour into hot sterilised jars and seal.

Peter's

Potterings

What topsy turvey weather we have been having. A few hot sunny days around the holiday weekend, when we nearly needed T shirts and shorts and a few days later, on with the heavy clothes again and the central heating. If you think we have problems thank about the poor plants. They cannot put on more clothes so must suffer the various weather changes that our British weather is famous for. I think that the summer bedding is best still tucked up inside a nice warm greenhouse rather than outside shivering. This year I think that the plants in the nurseries and DIY stores have appeared even earlier than usual. I overheard a comment from one employee to another in a DIY store to leave the poor little things in their protective plastic covers otherwise the forecast cold spell would soon "knacker the lot!". Good advice for everyone I think.

At the moment the flowering shrubs in my garden are well into bloom. Don't forget to trim them back after flowering if you need to keep their size restricted. This does not hurt the plants as it pushes forth new growth that will bear flowers next year. If you leave it until a lot later in the year when the weather changes and growth stops, you can end up with bare branches over winter. Shoots will show in the Spring but probably not with any flowers. (The exception to this is Wisteria which seems to like heavy pruning). Last year I trimmed my ceanothus back after flowering to keep it into a hedge like shape. It grew so much I had to trim it again late summer, being an evergreen it did not seem to mind and now it is in full bloom again. I have incidentally grown a clematis (one of the longer flowering, small leaf and flower types) underneath the ceanothus. It has fought its way through and there are many green spirals waving in the breeze just ready to burst into colour once all the ceanothus flowers are gone. No I don't cut them down when I trim after flowering - just cut around them. If you have an overgrown privet hedge you can cut this hard back and it will soon throw out lots of nice new green shoots ready to trim back into a tidy hedge again.

Ponds are always a restful feature of any garden. Restful that is for visitors and friends but maybe not so restful for the pond keeper. One of the major problems is the continual battle against murky water. The major cause is usually the build up of organic sludge which gradually forms at the bottom of the pond. This is caused by partly decomposed vegetation and of course helped by fish droppings etc. The traditional way to control this was to mechanically remove a lot of this layer and then allow the water to settle again. This has several disadvantages, like you get very dirty, it really smells, and creates a terrible mess, and it takes time and

effort. (Did any of you see the rubbish that came out when the village pond was cleaned out a couple of years ago?) I have just read about a new product that stops all these problems. I don't know how good it is but if it lives up to the sales information it could do a good job. It is a product called "Clearly". This is a natural fine white powder which you sprinkle on the water. It reactivates the naturally occurring bacteria and also releases oxygen. The bacteria digest the organic sludge which results in clearer water.

"Clearly" is a natural product and is supplied by a company based in Framlingham, Suffolk. If you are interested contact Amonyte Ltd 0870 3333 079. No I don't have any connections just passing on hopefully helpful information!

Whilst on the organic solutions to problems, how about organic aphid answers. The best one of course is insects like lace wings and ladybirds. We all know love a nice cup of tea, well how about giving the little pests a special brew. The warm weather coming (we all hope) stimulates the garden pests. Aphids can breed so rapidly that one female aphid can theoretically produce millions of little aphids in only 100 days. If the natural aphid predators cannot keep up with the rush try spraying the plants with home made herbal tea. Try stinging nettle or garlic tea. Use 1 cup of fresh (or dried) plant, pour over 2 cups of boiling water, leave to stand for 4 hours then strain use or store. Dilute 2 tablespoons in 4 litres of water and spray. Again I don't know how effective this is but the smell of garlic should have an effect for miles around.

One further comment on the ladybird/lacewing effectiveness. Do you remember last year when we had the invasion of hover flies. Not very nice at the time but they really cleaned up all the aphids around in my garden.

Peter Allington

**THERE WILL BE A BENTLEY IN
BLOOM PLANT STALL ON THE
GREEN ON GARDENS OPEN DAY.
Come and buy lots of plants for
your gardens.**

LOUIS CHARLES RIVETT

APRIL 1918—APRIL 2005

“He is open and honest, seeking to fulfil his dreams in life by being forthright and hardworking”. This quotation from a *Dictionary of Names* aptly describes Louis.

He lived by sound principles but while claiming not to have religious beliefs he considered that anyone who lived by the Ten Commandments was on the right course.

He looked back on his 6 years of army service as his “finest hour”. The army gave him a fresh set of values to live by and enjoyment of physical fitness. This became his watchword throughout life.

A man of simple tastes he liked Western films with their home spun philosophy and morality. He did not crave an excess of material possessions as a way to a good and happy life.

That said he had some flaws. Fair minded in most things he held certain prejudices unchanged over the years. And being forthright sometimes means saying things that one would rather not hear.

Louis was born at Edens Farm cottage, one of eight children. His parents both came from Suffolk villages. They probably met in the way many couples did in those days. A girl in domestic service and a young man employed on the adjacent farm being attracted to each other. Work decided where they settled, tied cottages being part of the deal.

The walk to Great Bentley school was long and not without hazard, especially in hours of darkness. Edens cottage was sited well back from the road. This meant crossing pastureland where cows and heavy horses often grazed. Tradesmen refused to deliver goods by this route so loaves of bread, groceries and other supplies had to be carried home.

Louis worked at Edens Farm for a time after leaving school then moved into horticulture working at a Tending nursery. This was work he really enjoyed. In the late 1930's the Rivett family moved to a more modern house at Aingers Green. At 21 Louis was called up into the army on the outbreak of war in September 1939. He served for six years mainly in the U.K. until June 1944 when he landed on the beach at Arromanches, Normandy. He paid an emotional return visit there in 1994 the 50th Anniversary year. With the Royal Engineers he followed the campaign through Belgium, Holland and into Germany. One of the tasks of the Engineers was clearing landmines ahead of the advancing troops. The Germans breached the dykes and flooded parts of Holland. He took part in rescue operations of people marooned by floodwater. He helped in the construction of a pontoon bridge over the Rhine. He was also in the vicinity of Belsen when it was exposed to the world.

Army service behind him he went back to horticulture working at a Thorrington nursery owned by a woman. In time disharmony and poor wages prompted him to leave.

His next job was at Paxmans where he stayed for 35 years until retirement. Here he did skilled work that was physically demanding. Because it was always challenging he found in it personal satisfaction.

In leisure time over about 15 years he painted many landscapes in oils and sold them for a modest sum. His workmates were intrigued that he could hit and shape red hot metal with a heavy hammer at work and use a paintbrush with delicacy and skill at weekends. However when he retired he gave up painting and could not be persuaded to take it up again.

His real love was for growing things, especially flowers. He had sensitivity for plants and their needs.

Here comes an afterthought. In April 1953 he married “the girl next door”. They set up home at Aingers Green. The following year they had a daughter. He was a gem of a man, always loyal through difficult times.

The privilege of sharing his life for 52 years has been mine.

P.K.R.

FRIENDS OF THE GREEN

Remember to visit the Great Bentley **OPEN GARDENS** on Sunday 5th June from 11.00am to 6.00pm—see poster on page 7. The programme with a map showing the location of the open gardens will be available from the caravan on the Green on the day. All the “profits” will be used to improve the Green and open spaces around our village, so do come along and make it a great day.

Ben Harris has had to relinquish the task of being Hon. Sec. to the Friends and I have to try to replace him! Ben and I first met many years ago when we both worked in pensions in Local Government in London, but had no contact after I changed jobs. Imagine Ben's surprise when I turned up in front of him at the AGM a couple of years ago. Our grateful thanks are due to Ben for all his hard work for the Friends of the Green (and thus for the village) over the years.

Ted Drake Hon. Secretary

I AM SETTLING IN AT MY NEW HOME BY “EVELYN”

I left Great Bentley on April 30th to go to my new home at Great Cornard. The living van had gone a fortnight earlier packed with lots of my spares. Eve took it away behind the blue tractor. I wondered what was happening to it as Eve was rigging it up with the light board etc. and it was obvious that it was going without me. I had my drawbar on ready to go behind the Deutz as normal. As Eve closed the shed door as they were leaving she said “Don't worry it's going for a paint up”. It certainly needed it.

Then came my turn, I had my “dicky cart” loaded up with wood etc. just as though I was going to a “day-long” do. We left mid-morning, the village street was quite busy, probably due to the Coffee Morning and Plant Sale, at the Village Hall. It was a normal journey, nothing untoward happened. We got the occasional hooting and fist shaking from the impatient motorists that got a bit held up behind us, but we are used to that now.

When we arrived, we were filmed on the video camera, the first of plenty of footage of tape. I was parked on the meadow with the tractor still attached while lunch was had, my fire being kept going for Charles to “play” with me in the afternoon. After lunch Eve and Charles got me ready to be driven, Eve had made out an oiling chart so Charles was able to oil me up ready to move off. She had also written out “instructions” on hill driving. The two of them took me round the Mill buildings which are next door, so Charles could have plenty of practice driving me. Various members of Charles' family had goes with me, steering me. Robert was busy getting the Stanley Steam Car ready for the Ipswich — Felixstowe Run which was the next day.

I was parked up for the night next to the Stanley's garage with the dicky cart next to me. Tina, Charles' Mum, took Eve home that night and the Deutz was left in the meadow, I wondered why?

The next day the whole family went off with the Stanley, and I was left on my own, well, the Deutz was still here. The family's Dalmatian was about, so were five Mallard ducks, four males and one female, who was being chased by the males. They were about last year when I stayed here, she seems “a bit of a tart” running about squawking most of the time. It is a beautiful spot here with the river alongside, the Sudbury railway line is on the other side of the garden, but I am used to hearing trains, so nearly home from home.

On the Monday, Charles and girlfriend Sam, lit me up and were giving me a clean and a polish when Tina came back with Eve. Others had arrived who I had met at “Firebird's” party. Apparently they are “regulars” here. After a coffee Eve went off with the Deutz and about an hour and a half later came back with the living van, it had had a fresh coat of green paint and looked very smart. I had another day of going round the Mill and before the living van was parked up I towed it round the buildings so that Charles could get the “feel” of towing something. Before Eve went home she and Charles took me out on the road for a trial run. I am sure I am going to get on well with Charles, he seems to have the right “feel” for driving me. I don't think I have seen the last of Eve and Geoff as I gather they are coming over to show and tell Charles how to go about getting me ready for my boiler inspection. By the way I am going to have my “box body” trailer coming here, so I will have all my own bits and pieces with me, which I think is just great!

EVELYN

Quiz

The TV Times. All the answers to the following clues are well known TV programmes. The figures in the brackets are the number of words in the answer.

Questions

- 1 Not quite West Side Story (10).
- 2 From lounge to bedroom (8,5).
- 3 Sage, basil, thyme etc. (3,5).
- 4 Hallo there (2,2,2).
- 5 Colourful Big Apple force (1,1,1,1,4).
- 6 The platonic relationship (4,4,1).
- 7 Staple food (5).
- 8 The nation looking at wrongdoing (10,2).
- 9 A sunny location (1,5,2,3,3).
- 10 Twice the cash (6,4,5).
- 11 Message on a postcard (4,3,4,4).
- 12 Florida clamp! (5,4).
- 13 Three times the place (8,8,8).
- 14 Texan city (6).
- 15 Perfect doubles (4,1).
16. Frankie's method! (7,3)
17. Holy celestial creatures (6)
18. Welsh locomotive! (4,3,6)
19. Earthy power (6,5)
20. Meeting of the ways (10)
21. Constructor Robert (3,3,7)
22. A big vista (8)
23. Held on suspicion (5,7)
24. Looking for a good deal (7,4)
25. Time for bed darling (9,10)
26. Chronological group (4,4)
27. Crowning roadway (10,6)
28. Where to find Hades chef (5,7)
29. Home's climbing apparatus (8,6)
30. Circular information (9)

Answers to last month's quiz

- | | |
|----------------------|---------------------|
| 1 Tic Tac Toe. | 14 Wyatt Earp. |
| 2 The little finger. | 15 Handel. |
| 3 Hard shoulder. | 16 Shirley Temple. |
| 4 Wheel base. | 17 China. |
| 5 Footpad. | 18 The Philippines. |
| 6 Hearthrug. | 19 Cheyenne. |
| 7 A calf. | 20 A pigs cheek. |
| 8 Mohair. | 21 Allegro. |
| 9 A face-oft: | 22 Holyhead. |
| 10 Blood and fire. | 23 A charm. |
| 11 Palm tree. | 24 Oliver Twist. |
| 12 Chester. | 25 Washington. |
| 13 The skin. | |

Good response to last
months effort
again and mostly all correct.

First out of the hat for the
fiver
was Pam Stephens, of
Coppice Farm.
Many congratulations

GREAT BENTLEY HISTORY SOCIETY

On 12th May the history Society welcomed Bill Smith, from the East Essex Aviation Society Museum, who gave an informative talk on the history of the museum with photographs illustrating some of the men he mentioned and some of the finds in the museum.

Bill Gadd had a dream of an aviation museum in the Clacton area and in 1978, Ken Marks, fisherman, pulled up an aircraft wing with 2 machine guns. Bill did his research and found it was a P51D Mustang that crashed on 13th January 1945. The pilot, Flight Officer Raymond Earl King bailed out but died of hypothermia in his dingy.

Bill eventually raised "Little Zippy" in 1985/6 and was contacted by the security guard at St. Osyth Caravan Camp who told him the Martello Tower could be used as a museum. It was derelict and took them two years to clean it up and "Little Zippy" was the first exhibit. Mr King's relatives in America sent over lots of personal artefacts to put in the museum.

On 4th March 1945 Flying Fortress B17 "Tondalayo" crashed from 5,000 feet, on fire, into the river Stour near Harwich. Lt. Col. Aber and Lt. Harper lost their lives. In 2000 the recovery team from America came over to collect their remains to take back for burial. They DNA tested the human remains found and the two sisters attended the funeral at Arlington Cemetery. The Americans were not interested in the plane and sold the metal to Wheelers in Colchester, who allowed the Aviation Society to have whatever they wanted for the Museum.

They have been fortunate that many people have contacted them to donate items or to inform them where there may be planes so that they can excavate and retrieve exhibits for the Museum and members of the public to view.

Bill Smith's hobby is World War 1 and he frequently goes to the Somme area to bring back items of interest to add to the collection.

The society has about 40 members, although not all are active. It certainly is a fascinating hobby. Bill told us many humorous tales of excavations and recoveries members have done.

If anyone knows of any more unrecovered planes, please contact Bill via the History Society Secretary;
Eunice Payne 01255 820374.

Our next meeting will be on 9th June. Mr Mike McKeon will talk on the "History of the River Stour".
8pm at the Village Hall. Non members welcome.

BENTLEY GREEN PLAYERS

Thank you to our wonderful audiences who attended our production of "Tiptoe through the Tombstones" by Norman Robbins. The group was so pleased to see so many attend and Saturday night was a full house. The cast thoroughly enjoyed the play during rehearsals and during the production week, so to have such marvellous audiences on all three nights was very heartening. Thank you to our wonderful backstage crew for giving us the set and to props, wardrobe and makeup. Thank you to the Methodist Church who accommodates us throughout the week, these are the people who are not necessarily members of the group, but give their free time to assist wherever possible, whether it is electrics, props for the stage or just being there to help.

The critic's review is to be published in the Essex County Standard on Friday 27th May. The Standard apologises that it is later than usual, but for some reason the review had to be held back.

We will shortly be holding our AGM. You are very welcome to attend. See page 8

Lynda McWilliams

CLUBS & ORGANISATIONS

ART CLUB

Friday 3rd June
Set up Exhibition

Saturday 4th & Sunday 5th June
ANNUAL ART EXHIBITION

Tuesday 14th June
Summer Flowers

Tuesday 28th June
Painting at Spring Vale, Beach Road, St Osyth

GREAT BENTLEY EVERGREEN CLUB

The A.G.M. was held in the Village Hall on 27th April. Joye Watson was re-elected as our Leader and thanked for all the hard work she has put into the running of the club and organising the outings. Joye is continuing as secretary until a replacement is found. The committee were re-elected on block.

After the A.G.M. Alan and Sonia Ainger entertained us with a most interesting slide show on lakes and gardens in Italy.

The Coffee Morning at White Lodge made a profit of £402.00. Our thanks to all who helped and attended the function.

DIARY OF EVENTS FOR JUNE

SAT 18th Strawberry Tea at Westwood House
2 - 4.30pm

WED 22nd Village Hall 2pm.
Speaker Barbara Tricker

COMPETITION: Christian Names in the Garden.

GARDENING CLUB

Tuesday 21st June

Visit To Olivers' Gardens,
Colchester
Meet 6pm at Village Hall Car Park
Members Only

W.I.

Tuesday 7th June

Village Hall

8.00pm

George Mills
Humanitarian Aid to Easter Europe

LADIES CLUB

Our meeting in June is to be held on
Thursday 30th June at 7.45pm in the
Village Hall

Gary Egerton will be giving a talk on
"Bishops and Brothels"

PLEASE COME ALONG AND JOIN US

HISTORY SOCIETY

9th JUNE

Mr. Mike McKeon

HISTORY OF THE RIVER STOUR
VILLAGE HALL 8pm

Non members welcome

Do you fancy a game of Badminton?

Then why not come along on a Wednesday evening to the Village Hall from 7.00 pm until 10.30 pm

Any enquiries phone Adrian
on 01206 250808

Children's Page

A FATHER'S DAY CARD

(Sunday 19th June)

Collect together:

- A sheet of card 44cm by 15cm
- A cardboard tube
- A piece of sticky backed coloured paper 11cm by 11cm.

If you can't obtain sticky backed paper, plain coloured paper would do.

- Felt-tip pens or crayons
- Glue and a glue brush
- Scissors
- Cotton wool

To make the card

- 1 Fold the sheet of card in half so that the front of the card measures 22cm by 15cm. Write a Father's day message inside.
- 2 Cut the cardboard tube in half along its length. Using the sticky backed paper cover the outside of the half tube. If you are using ordinary paper, cover the half tube with glue and stick the paper into position.
- 3 Glue the covered tube on to the front of the card. This will form the boiler of a train engine.
- 4 Using the felt-tip pens draw and colour in the chimney above the boiler, the wheels, and the engine driver's cab.
- 5 Dab a little glue above the chimney and add some cotton wool smoke.

A PEN TIDY FOR DAD'S DESK

Collect together:

- A cardboard tube
- A sheet of pretty paper, 17cm by 24cm
- A piece of card, 10cm by 10cm
- Glue and a glue brush
- A new pen or pencil
- Sellotape

To make the tidy

- 1 Wrap the pretty paper round the tube and sellotape it into position. Tuck the loose ends of the paper into the top and bottom of the tube.
- 2 Glue one end of the tube and press it on to the piece of card. When the tube has dried in this position, pop the new pen into its new holder.

If you are feeling really ambitious, several tubes could be stuck together on a larger piece of card so that dad can keep rulers, pencils and all sorts of things tidy.

SCHOOL NEWS

DON'T FORGET that on Saturday 11th June 2005 at 12noon – 4.00pm is our Summer Fayre. We will be having a fabulous day with lots of 'arena' events, along with the traditional stalls and games. There will also be a BBQ, 'Tea Tent', Bar and Grand Raffle and we are introducing a table top sale too.

If you would like a table then please contact Sharon at the school on 01206 250331 or after 4.30pm on 01206 250445 who will be only too happy to help. Tables cost £8.00 and are going fast (no trade please).

There will be lots to keep you amused. The School Choir – Bentley Stars, will be performing for us and there will also be a display from the Schools Cheerleaders. We are also hoping to have the University of Essex Cheerleaders (Essex Flames) give a performance (subject to exams). The Gt. Bentley Karate Club will be giving demonstrations and each class will be giving a small performance. Whilst this is going on you can "take tea" in the 'tea tent', enjoy a burger or hot dog, or have a drink from the bar. There will be lots of stalls to peruse, a Grand Raffle, face painting, Bouncy Castle and Tombola's to name but a few. If you have any crockery going spare then please send it into school for our very popular crockery smash. So please bring all your family and friends and come and join us for a brilliant afternoon in the 'sun'.

SUMMER FAYRE

SATURDAY 11th JUNE

12noon-4pm

AT SCHOOL

**TRADITIONAL
STALLS & GAMES
B.B.Q. TEA TENT
TABLE TOP RAFFLE
ARENA EVENTS etc.**

GREAT BENTLEY PRE-SCHOOL

On Saturday 14th May, Pre-School presented an evening of music and comedy. Comedian, Billy Hunter had everyone laughing and live music was from our Chairlady Carla and husband Mark Farrow, known as Sunflower Valley, they were fantastic. The only disappointing thing about the evening, was when they stopped singing and we all had to go home. We would like to take this opportunity to thank everyone that helped make the evening a success. We were able to raise a staggering £1,200 for Pre-School. The auction for the African Appeal raised approximately £700, thank you to everyone who kindly donated prizes.

On the 24th July, Lara Robinson is taking part in Tesco's Race For Life, in memory of her father who sadly passed away at the beginning of the year. There will be a sponsor form in the lobby of the Village Hall during Pre-School hours, and if anyone would like to make a donation Lara would be very grateful.

Kerry Knappett
Pre-School Secretary

PLOUGH ROAD FITNESS CENTRE

SYNERGISE CLASSES

**HAVE STARTED AT THE VILLAGE HALL
EVERY WEDNESDAY & FRIDAY MORNING**

AT 9.30 am

Synergise: a combination of Yoga, Pilates and Tai Chi

If you would like to join us then please call

01206 250059 TO BOOK A PLACE

Your Village Needs You to serve as a Parish Councillor

There are two years before the next Parish Council Elections and so now is the opportunity for **YOU** to try working as a Parish Councillor for two years to see if **YOU** like it. (Less if you really do not like it.)

There is a Parish Council meeting on the first Thursday of each month and in addition there are Committees who usually meet monthly at times convenient for the members (Green Management, Planning, Allotments, Parish Office, Finance, Youth Forum, Play Areas). Usually a Councillor would expect to be on two committees.

Put your name forward and the
other Councillors
will be delighted
to co-opt you onto the Council.

Obviously if too many offer we shall need
to select the best people for the job.

SO GIVE IT A GO!

Speak to your Council Chairman Robert Taylor 250087
or write to the Clerk expressing your interest.

He is; Mr G Catchpole, The White House, Manningtree Road,
Stutton, Ipswich IP9 2SR

Parish Council Annual Report

From the Annual Parish Meeting held on 12th May 2005

This year has been another busy year for the various committees and working parties within the Parish Council. Thank you to you the parishioners for keeping us informed with the problems that you have experienced throughout the year.

PLAY AREAS

The new equipment in the main play area has proved successful. The roundabout, due to safety reasons and vandalism, was removed. At present the parish council is waiting to hear the outcome of a grant application that was made to assist with the purchase of a replacement for the roundabout, and for providing a basketball net in the area. The Aingers Green play area is closed at the present time. More recently you have been made aware of the fact that due to the constant vandalism this area is under review.

FLAG POLE

Because of the request to fly non national flags apart from the Union flag, last year the parish council applied for planning permission to support this request. The Royal British Legion supplies a list each year, to the parish council, of the dates that they believe are appropriate for the flags to be flown. Thank you to the members of the Royal British Legion for taking on this responsibility.

AFFORDABLE HOUSING

We are still waiting for more information from the Housing Trust as to whether a suitable piece of land has been found. Unfortunately, as we have discovered, these things take time. Once a piece of land has been found then the housing trust applies for funds for the project. We are learning that we must be patient.

HIGHWAYS

Many concerns were, and still are, being brought to council's attention regarding the road junction at New Cut and Plough Road. All these concerns have been discussed with the relevant authorities, and as previously reported the traffic wardens now make regular visits to the village.

The parish council has agreed to meet with other councils in Tendring, where a Tesco Express store is sited, to discuss how to overcome some of the problems experienced with deliveries to the stores.

A proposal was put forward to assist the children with a safer route to and from school by providing a public footway in Station Road and The Cut. The parish council agreed to the footway in Station Road. As the road in The Cut is very narrow and residents need to park, parish council agreed that a footway was not feasible.

The Highways Authority must wait until it has funds available to provide the Station Road and Thorrington Road footways.

The usual state of the roads are reported on a regular basis to Highways regarding pot holes etc., The Parish Council has reported the concerns regarding the poor state of the road surface in Plough Road from The Plough to the Level Crossing. The Highways Authority is fully aware of this fact, but does not have the funds to do a major repair to the road at this present time

POLICE COMMUNITY SUPPORT OFFICERS (CPSO'S)

This council has taken the initiative to invite other parish councils and town councils in this area to discuss the possibility of joint funding CPSOs. The cost per annum for each CPSO is £26000, at present the Home Office subsidises this amount by 50%. More information will be available once the meeting has been held and it can be established how many other councils are willing to take part. Frinton and Walton Town Council employ six CPSOs; they state that the scheme has proved to be very successful.

FOOTWAY LIGHTING

We now have a new contractor for the repairs and maintenance of the lighting throughout the village. All lamps have been inspected and any necessary works carried out on them.

The Parish council is asking for quotes to supply a lamp standard along Thorrington Road, there has been some difficulty in obtaining quotes, but once these have been received and a contractor approved we can progress.

PLANNING

Thank you to all those residents who throughout the year have responded to the planning issues which come before council, especially the Tendring District Council's Local Plan. Your input is very useful to our planning committee.

Regarding the large development that has been proposed in the Ravens Green Great Bromley areas, the parish council has agreed to join with its neighbouring parish councils, if it becomes necessary, to fight against the development.

PARISH OFFICE

The parish council agreed to take up the Village Hall Management Committee's offer of accommodation in the Village Hall. Once established this should make contact with all relevant aspects of council and other authorities easier for residents.

VILLAGE GREEN

The grass cutting of the green and other areas came up for review this year and tenders were invited for the work to be done. The work was divided into two parts. The parish council agreed to two tenders, one part for the general grass cutting using the mowers, and the other part for general strimming and grass cutting in areas not easily accessible to the mowers. The contracts are for one year.

Repairs and replacements have been carried out on the dog and litter bins.

Some benches this year have been in need of repair and painting. This work is now being done.

The usual maintenance of the track towards the south of the green has been carried out.

ALLOTMENTS

Only one plot now remains vacant, the allotments are a credit to their users. General repairs and maintenance have been carried out throughout the year. The allotments are self sufficient financially to the parish.

FOOTPATHS

We are grateful to Mr David Kirby who this year has come back as our Footpath Representative. David has kindly agreed to oversee any work that needs to be carried out on the footpaths.

ORANGE MAST

The Parish Council has had long debates over this issue in trying to respond to the concerns regarding the issues involved. From our experience of the issues involved parish council still concluded that, under the law as it stands, the site 250 metres outside the village was the best deal for the people of Great Bentley.

Finally thank you to those parishioners who attend our monthly meetings, to Vernon Walshe for keeping us informed on transport issues, when time allows, and The Post Office who keeps copies of the approved minutes for parishioners.

Thank you to the Councillors, and the Clerk and the various committees within the parish council for their work throughout the year and for supporting me when I came back into the Chair for the remainder of this year.

Lynda McWilliams On behalf of Great Bentley Parish Council
Tel No: 01206 250732
e-mail lynda@boblyn.co.uk

HEALTHY EATING

Sugars

When you're trying to make a healthy choice, for most people the aim should be to eat more fruit and vegetables, and starchy foods such as bread, pasta and rice, and cut down on fat (especially saturates), salt and SUGAR.

What types of sugars are there?

Sugars can occur naturally in food and they can be added to food. Try to cut down on added sugars, especially those in processed foods and soft drinks.

How can I tell how much sugar is in a food product?

Sugars together with starches, make up carbohydrates. So, to find out how much sugar there is, you should look for the Carbohydrates (of which sugars) figure in the nutrition information panel on the product's label. Sometimes only the combined figure is given for carbohydrates, in which case you can check the ingredients list. This will list any added sugars and starts with the biggest ingredient first. Carbohydrates provide us with the energy we need to live. You should try to get most of your energy from starchy carbohydrates such as bread, pasta, rice and potatoes and cereals, rather than sugars. Starchy foods contain less than half the calories of fat.

What is a lot or a little?

If you want to make a healthy choice when you're choosing which products to buy, you might find it useful to check the nutrition information on the label.

You'll see figures for the sugar content on many food labels:

This is a **LOT of sugar**
10g sugars or MORE per 100g

This is a **LITTLE of sugar**
2g sugars or LESS per 100g

If the quantities fall between these figures, this is a moderate amount of sugar.

Drinks?

Many children and adults consume large quantities of sugar laden drinks – try to avoid these as much as possible by choosing sugar free drinks or better still get into the habit of drinking water. Encourage children to do the same.

DIABETES – The link with stroke

Insulin is the key to diabetes. People with type 1 diabetes do not produce insulin, while those with Type 2 are either not able to respond to its action or do not produce enough. As a result of this insulin resistance or lack of insulin, high levels of glucose build up in the bloodstream – called hyperglycaemia.

However, diabetes is not simply a problem of glucose. Diabetes, especially uncontrolled or untreated diabetes, can cause damage to both the large and small blood vessels, resulting in the blood vessel wall becoming stiff, narrow and furred (atherosclerosis). This generally increases the risk of stroke. In fact, stroke is responsible for about 15 per cent of deaths in people with Type 2 diabetes.

As a result of the damage to the blood vessels and circulatory system, people with diabetes also have an increased risk of developing heart disease, as well as experiencing damage to the nerves, kidneys and eyes. This is especially true for overweight, who smoke or who are not physically active.

If you have diabetes you are most at risk of having an Ischaemic stroke. This is the most common type, and is caused by a blood clot blocking the blood supply to the brain. Research shows the risk of Ischaemic stroke is multiplied two to three times in people with diabetes.

For an information sheet on Diabetes & Stroke
or Food Labelling
please telephone: Linda Eliot - 01255 815916
Clacton & District Stroke Association
85 Frinton Road
Holland on Sea
Essex
CO15 5UH

Or contact:
Diabetes UK
10 Parkway
London
NW1 7AA
www.diabetes.org.uk
Tel: 020 7424 1000

SEA BRITAIN 2005

A ONCE IN A LIFETIME CELEBRATION OF OUR
NATIONAL SEAFARING HERITAGE AND TRADITIONS

AS PART OF THE NATIONAL SEA BRITAIN 2005 CELEBRATIONS

The Colne and Blackwater Festival of Sail 2005 is for **EVERYONE**
and has **SOMETHING** for **EVERYONE**.

It takes place from
9th–18th JUNE 2005

IN BRIGHTLINGSEA

AROUND THE TOWN, EVENTS INCLUDE

James Dodds display of art at All Saints Church

Photographic Exhibition of the work of Graham Adams at Hampstead Homes Sales Reception

Brightlingsea 200 Years Ago at Brightlingsea Museum

Colne Yacht Club Beer Festival in the Marquee

“Pioneer” on the Hard

Re-creating the Battle of Trafalgar with model boats on the boating lake

“Viking Saga” an original Clacton on Sea pleasure boat will be providing 40 minute day trips and 2 hour evening trips.
Day trips cost £6,00 per person, evenings £10. Children half-price.

ON THE WATER

Spectators can view many of the sailing events from Bateman’s Tower.

Thur 9th June	Old Gaffers’ Association passage race to Brightlingsea
Fri. 10th	Open race Osea Island to Brightlingsea
Sat. 11th	Old Gaffers Association East Coast race-start at Bateman’s Tower
	Victorian diving demonstration on the Hard (at high tide)
Sun 12th	Concourse d’élégance—judging from CYC launch
	Parade of Sail to Wivenhoe (followed by hog roast at Wivenhoe Sailing Club)
Mon 13th	Old Gaffers’ Association race to Mersea Island with seafood lunch at the Packing Shed
	” ” ” open boats racing at Brightlingsea Sailing Club
Tues 14th	” ” ” open boats racing at BSC
Wed 15th	” ” ” race to Wallet Spitway
	” ” ” open boats racing at BSC
Thurs 16th	” ” ” cruise to Green Man at Bradwell
	” ” ” open boats racing at BSC
Fri 17th	Gaffers v Plastics” race (starts 17.30)
	Old Gaffers’ Association open boats racing at BSC. Prizes afterwards at Brightlingsea Sailing Club
Sat 18th	Wallet Shield Race (to turn or finish at Bateman’s Tower)
	Parade of Sail from Brightlingsea Creek to Bateman’s Tower-starts 10.00am

ON THE SHORE

Fri 10th	Visit to Brightlingsea of the Mayor of Sandwich Barn Dance featuring Jig and a Half (in the evening in the Colne Yacht Club marquee)
Sat 11th	Opening of "New Floating Jetty" "Surgery at Trafalgar" an historic demonstration by Mr Mick Crumplin FRCS The Blackwater Jazzmen in the evening in the Colne Yacht Club Marquee Family Fun Evening at Brightlingsea Football Club Capstan Full Strength, Enkhuisen 4 +1 Dutch Shanty Men and Graeme Knights will provide strolling music and song on the streets (also on Sunday) Also on the streets, The Grand Theatre of Lemmings stilt walking and enacting sea-based theatricals
Sun 12th	Music and song by John & Mario and by Capstan Full Strength in the evening in the CYC marquee
Tues 14th	Rotary Club evening Swimming Gala
Wed 15th	An evening with the Royal College of Surgeons at CYC
Thurs 16th	Old Gaffers' Association beach party on Mersea Stone Folk at the Swan in the evening
Fri 17th	Pantomime and Theatre at the Community Centre
Sat 18th	Official Opening of Bateman's Tower (11.00am) Strolling street music from The Shellbacks & Mud Stompers Duo Brightlingsea Carnival Procession through the town Beach Hut Competition Concert on the Western Prom with music from the Bromley Concert Band playing pop classics, musicals, light classical and even Dixieland Jazz (sponsorship from Hampstead Homes) The Carnival Dance

SAIL TRAINING

TO INCLUDE DAYTIME AND EVENING SESSIONS

For everyone- from the uninitiated to the experienced- here's a great opportunity to enjoy a morning's or afternoon's sailing in vessels fully certified for sail training purposes with appropriately qualified skippers and crew.

Daytime Sessions

Brigantes 33 Yacht (with skipper)

Maximum 5 people Mon 13th -Fri 17th 9.30 to 12.30 or 14.00 to 17.00
5 sessions @ £6.00 per person £30.00 for exclusive use of boat

Evening Sessions

Sailing Barge Thistle

Maximum 50 people Mon 13th-Thurs 16th 18.30 to 21.30
4 sessions @ £6 per person or £5 per person for groups of 10+ or £200 for exclusive use
Friday 17th June (time to be advised) Delivery trip to Maldon (return by coach)
1 session @ £12 per person or £11 per person for groups of 10+

3 Bradwell 22 Dayboats (with skipper)

Maximum 8 people per boat Mon 13th-Thurs 16th 18.30 to 21.00
12 sessions @ £3.00 per person £25 for exclusive use of boat

Brigantes 33 Yacht (with skipper)

Maximum 5 people Mon 13th- Thurs 16th 18.30 to 21.00
4 sessions @ £6.00 per person £30.00 for exclusive use of boat

**TO RESERVE YOUR PLACE: Bernie Hetherington,
Brightlingsea Harbour Office 01206 302200**

WEB SITE www.festivalofsail.co.uk

BRIGHTLINGSEA CARNIVAL SATURDAY 18th JUNE

**08.00 CAR BOOT SALE 14.00 CARNIVAL PROCESSION STARTS
15.30 CARNIVAL PROCESSION RETURNS TO BAYARD RECREATION GROUND
15.30 ARENA DISPLAYS START 18.30 EVENTS CLOSE**

CONSERVATION GROUP

We arrived at Holland Pits on a rather grey evening fearing the worst. No sign of summer, but a warm welcome from the volunteer warden, Bob Seago. He had excellent news as despite the gloomy weather the Nightingales were in good voice. This really is a beautiful and secluded spot and as we meandered through the wooded area we suddenly came to a clearing where David Wilkin "The Barn Owl Man" was waiting for us.

Again we were in luck as a pair of owls quartered the marsh looking for voles. As we walked back to our cars in the failing light, one Nightingale in particular was singing his heart out to cheer us on our homeward journey.

Thank you to all concerned.

BOAT TRIP

FRIDAY 29th JULY

VILLAGE HALL

CAR PARK 6.30

THE HARD,

BRIGHTLINGSEA 7pm

£4 per person

FOR A TRIP UP THE CREEK TOWARDS

BENTLEY COUNTRY PARK

1 hour approximately

PLEASE SEND; MONEY, NAME, ADDRESS

& TEL NO. TO; Mary Maskell, (BOAT TRIP),

Caldew Cottage, The Green. CO7 8LX

ALL WELCOME BUT

ONLY 24 SPACES AVAILABLE

BELL RINGING

On the 21st April I attended a three day belfry maintenance course at Coggeshall, and thoroughly enjoyed it. I was the only woman in my group but the tutor didn't treat me any differently. Although most of the men had engineering backgrounds I wasn't absolutely naïve thanks to my late husband Roger, for being so patient teaching me about cars, tools etc. I wore steel toe capped boots, overalls and hard hat like everyone else. (Yes I looked like Bob the Builder and had the mickey taken but I didn't care.) I got my hands, nails and face in a terrible state but it was worth it. Some of you may be asking, why should a woman be interested in maintaining the bells. Well why not? Actually at times it was an advantage being smaller than the men as I could get into the tiniest of spaces. I learnt a lot and my favourite bit was taking the bell fittings to pieces to clean them. The bells are our heritage and cost thousands of pounds and so maintenance is essential. I feel proud to be partly responsible for them.

We have eight bells at Great Bentley and the heaviest, the tenor, weighs 7¼cwt. This is quite light compared to some bells. We are a happy bunch of ringers here and will welcome anyone with or without experience. You don't have to be a church goer either but you will be very welcome to any services if you wish to stay. We practice on Monday nights from 7.30-9pm. entrance via the main church door, and there is no dark tower to climb!

Mandy Miles

Anyone interested in joining/watching us, then please contact;

The Tower Captain, Roger Carey-Smith Tel. 250521

GREAT BENTLEY CRICKET CLUB

The Second Team played on the green for the third time this season and produced their best batting display to date. The pitch had been very well prepared and was a great strip to bat on. With Paul Streete on First Team duty Vice— Captain Rupert Haxell took over and won the toss, a first, and chose to bat. The opening pair of Ken Burbidge and Darren King made steady progress. Andy Searles came in at Number 3 and kept the scoreboard ticking over. Undoubtedly the best knock of the innings was Club Secretary, Pete Bodily, who scored 59 before giving Maldon's star player Farrel his 4th catch. Andy Burbidge chipped in with a well constructed 30 and the innings came to a close at 191, the seconds best score this year.

Maldon in reply looked to be comfortable with the opening batsman Farral, scoring easily. A bowling change however was his downfall as he tried to hit a Ken Burbidge delivery into the Hollytree, only to be clean bowled for 69. Maldon, who entered the PDQ League this year, reached Bentley's score with 10 overs to spare and after 4 games remain unbeaten. To their credit Bentley never gave up the chase and Jake Cooper deserves a special mention for his efforts in the field.

SCRAP BOOKING

Do you have masses of photographs and memorabilia hidden away in boxes, drawers etc? Why not pick out your favourite pictures to turn into a family heirloom or album to cherish?

The name "Scrapbooking" implies the old fashioned scraps we used to stick on pages, but don't be confused with that.

We are a friendly and happy bunch of people and we meet fortnightly at Cedars Hall at Frating on a Friday morning or Tuesday evening. Why not come and join us?

For more details ring;
Jackie 01206 257337 or
Caroline 01255 671778

POND DIPPING

We had hoped to have our Annual Pond Dipping Session on Friday 3rd June. At the present moment this looks unlikely, as the level of water in the pond is extremely low (please don't blame us if it now starts pouring with rain!) and Mr & Mrs Moorhen have a brood of youngsters, and who knows they just might go for a second happy event.

PLEASE LOOK OUT FOR POSTERS A FEW DAYS BEFORE THE EVENT.
THANK YOU.
The Conservation Group.

PLOUGH ROAD FITNESS CENTRE

WILL BE OPENING IN JUNE AND WILL OFFER A WIDE RANGE OF FITNESS ACTIVITIES, AND WELCOMES EVERYONE TO JOIN THEM. IF YOU WOULD LIKE TO COME AND SEE WHAT IT IS WE HAVE, THEN PLEASE CALL 01206 250059 AND A MEMBER OF STAFF WILL BE HAPPY TO HELP.

TIPTOE THROUGH THE TOMBSTONES

There was a wealth of over-the-top action in Bentley Green Players' latest drama. In true thriller style it was set in a remote country house surrounded by sinister fog. Guns and knives and poison were in evidence and by the last scene the stage was strewn with bodies.

Who-dun-it?

Was it one of the ancient family of Tombs, known professional killers? They had been summoned here by dicey solicitors, Bev Adams and Terry Sadler.

Was it cut-glass Henrietta Tomb, played with style by Helen Ross? Or her sister, weird, mad medium Octavia frighteningly played by Lynda McWilliams? Perhaps it was lispig Augustus (Tom Edwards) or sweet little-old-lady Athene (Jennie Moss). Another suspect was talented Liz Moss, as splendid, sex-mad Fabia. She scared the pants (literally) off over-innocent Larry (Ross Olding).

Throughout it all Ben Adams camped it up to great effect as Vernon the cleaner. He had a lovely line in exits with his pink-gloved hand on the door. Rachel Keeble was his side-kick, the dowdy maid. She is so versatile, her roles so different every time we see her. Great fun these two!

There were lots of laughs, the house was full and we were kept guessing till the end. Congratulations to John Moss for his direction and to absolutely everyone involved! It was another most enjoyable production.

Barbara Tricker

GREAT BENTLEY FOOTBALL CLUB 2004-05

LATEST FIRST TEAM RESULTS:

KENT BLAXILL BORDER LEAGUE DIVISION 2

Sat 30 Apr A West Bergholt Res 1-2 J.Smith
Sat 7 May H West Bergholt Res 2-0 D.Gray 2
Sat 14 May H Witham Town Res 3-0 D.Gray 2, S.Oldhamstead
Sat 21 May A Alresford Colne R Res 7-3 D.Gray, S.Oldhamstead 2, P.Turner 2, J.Murray, N.Goodwin

HARWICH INTERMEDIATE CHARITY CUP

Wed 4 May A Lawford Lads 1-2 L.Barrett

RESERVES

H & E INSTALLATIONS LEAGUE DIVISION ONE

Sat 30 Apr H Lawford Lads Res 2-0

HARWICH JUNIOR CHARITY CUP

Thu 5 May H Frinton 1-0
Thu 26 May H Mistley United Res Semi Final

Well, we've reached the last week in May, and they're still playing, and by the time you read this, we'll know if the reserves have got a June final to play.

The first's finished the season in tremendous style, after unluckily losing to two late goals at West Bergholt, having just had to substitute the injured Jack Murray.

Bergholt were the only team that could catch Witham for the title, but they needed to win all their remaining games, and when they sent a strengthened side to the Green the following week, we upset their plans with a comfortable win in difficult, (wind, rain, hail etc.) conditions.

Ledgie, scored with a sweet volley and from the penalty-spot to secure the points.

Bring on the champions - shoot down the champions!

Witham arrived with the Division 2 title under their belts. and a Tommy Thompson cup final coming up, so we softened them up a little with a three goal hiding.

Dead-ball demon, Gray, was again spot-on from a penalty, and again from a free-kick, while Stevie O. ended a six week goal drought with a tap-in, after Lee Barrett had burst a lung running from his own penalty area to the far-end goal line to set up the chance.

A morning kick-off on F.A. Cup Final day found the lads a little slow to wake up as Alresford went 2-0 up at the break.

Cue our most spectacular 45 minutes of the season, and this time our brilliant football had the finish to match, including four of the best goals we've scored this year.

To come back from 2-0 and then 3-1 down was quite an achievement, but to end up 7-3 ahead was just showing off.

FIVE-A-SIDE FOOTBALL

Our annual five-a-side football tournament takes place on Carnival Day, Saturday 25th June, starting at 10 a.m. We are still looking for a few more teams, so if anyone would like to enter a side. please contact Clive French on 251000.

The clubhouse will be open all day, with food and drink available.

DINNER. DANCE PRESENTATION NIGHT

Our highly popular annual dinner dance will be held in the Village Hall on Saturday 2nd July, 8 till late. We brought this event back to the village last year, and were rewarded with a wonderful evening of food, drink and general merry-making - again contact Clive for details.

The 200 Club winners for April were 1st, L.Cook, £50; 2nd L.Black, £25; and 3rd, B.King, £20.

May winners were 1st, H.Woods, £50; 2nd, K.Mead, £25; and 3rd P.Lawrence, £20.

The June Draw will be on Carnival Day, 25th, in the clubhouse after the 5-a-side.

Thanks to your magnificent support prize money has continued to rise - your turn next?

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NOTES TO THE MILKMAN

The milkman provides a flexible service and is able to respond to his customers' varying milk requirements if they leave him a note. However, not all the notes are as simple as 'one extra pint please'.

Dear Milkman,

Just had a baby. Please leave another one.

Please leave an extra pint of paralysed.

Milkman. Please close the gate behind you because the birds keep pecking the tops off the milk.

No milk. Please do not leave milk at number 14 as he is dead until further notice.

Leave one extra pint. If this note blows away, please knock.

Please cancel one pint after the day after today.

Please send me a form of cheap milk for I am stagnant.

LAST ADVERTISING SPACE FOR SALE

IF YOU WOULD LIKE TO ADVERTISE

PLEASE CONTACT

MARY MASKELL

01206 250524

DIARY FOR JUNE 2005

- Fri 3rd **ART CLUB**, Set up Exhibition
- Sat/Sun 4/5th **ART CLUB EXHIBITION**, Village Hall
- Sun 5th **GARDENS OPEN DAY**, See p. 7
- Mon 6th **BLOOD DONORS**, Brightlingsea, see p. 13
- Tues 7th **RECYCLING**, Aingers Green
- Tues 7th **W.I.** Village Hall, 8pm, George Mills, Aid to Eastern Europe
- Wed 8th **BENTLEY BEARS**, St Mary's Church, 2.15pm
- Wed 8th **MOBILE POLICE UNIT**, 2.15pm-3.45pm
- Thurs 9th **GOOD NEIGHBOURS AGM**, Village Hall, 8pm
- Thurs 9th **HISTORY SOCIETY**, Village Hall, 8pm, p. 23
- Thurs 9th **SEA BRITAIN STARTS**, see pp. 30/31
- Fri 10th **RECYCLING**, Gt Bentley
- Sat 11th **SCHOOL SUMMER FAYRE**, 12noon - 4pm, p. 25
- Sun 12th **STRAWBERRY TEA**, N. Essex Conservative Association p.8
- Mon 13th **MAGAZINE DEADLINE**
- Tues 14th **ART CLUB**, Summer Flowers
- Sat 18th **EVERGREEN CLUB**, Strawberry Tea
- Mon 20th **BENTLEY PLAYERS AGM**, Vestry Room 7.30pm
- Tues 21st **RECYCLING**, Aingers Green
- Tues 21st **GARDENING CLUB OUTING**, p.23
- Wed 22nd **EVERGREEN CLUB**, 2pm, Village Hall
- Wed 22nd **MOBILE POLICE UNIT**, 2.15pm-3.45pm
- Thurs 23rd **THORRINGTON PRE-SCHOOL OPEN DAY**, p. 8
- Fri 24th **RECYCLING**, Gt Bentley
- Fri 24th **MAGAZINE COLLATING**, Vestry Room, 9am
- Sat 25th **CARNIVAL DAY**, p. 11
- Sat 25th **QUIZ NIGHT**, Vestry Room, p. 9
- Tues 28th **ART CLUB**, Painting at Spring Vale, Beach Rd, St Osyth
- Thurs 30th **FARMERS MARKET**, Brightlingsea, 9am-1.00pm
- Thurs 30th **LADIES CLUB**, 7.45pm Village Hall, see p. 23
- FORTHCOMING EVENTS**
- 2 & 3rd July **METHODIST CHURCH FLOWER FESTIVAL**

Village Information

St Mary's Church

VICAR:

The Rev'd Bernard Metcalfe
The Vicarage, Moors Close - 250476

CHURCHWARDEN:

Peter Allington
Poplar House, Station Road - 251086

CHURCHWARDEN

Nicky Justice
16 Cherrywoods - 251474

TREASURER:

Graham Thornton
St James, Thorrington Road - 250777
252221 (Office)

CHURCH VERGER:

Rita Baverstock
Stonybroke, Station Road - 251271

CHOIR TRAINER & ORGANIST

Penny Metcalfe
The Vicarage, Great Bentley - 250476

LAY READER:

Wendy King
17 Larkfield Road - 250852

PCC SECRETARY:

Rita Coles
3 Wents Close - 251506

STEWARDSHIP SECRETARY:

Jean Acutt
60 Birch Avenue - 250880

TOWER CAPTAIN:

Roger Carey-Smith - 250521

SUNDAY SCHOOL:

Linda Hayes
Ivy Lodge, Frating - 250207

BENTLEY BEARS:

Carole Allington
Poplar House, Station Road - 251086

SEEKERS:

Wendy King
17 Larkfield Road - 250852

MOTHERS' UNION:

Myrtle Clayton
30 Larkfield Road - 250725

VESTRY ROOM BOOKING SECRETARY:

Carole Allington
Poplar House, Station Road - 251086
or ring Church Verger

PARISH MAGAZINE EDITOR & DISTRIBUTOR:

Mary Maskell
Caldew Cottage, The Green - 250524

METHODIST LAY WORKER:

David Bavister
2 Richmond Drive, Clacton-on-Sea - 01255 427874

DOCTOR'S SURGERY:

Drs Steiner, Cavenagh, Hunt, Letton & Bhatti
The Hollies, The Green - 250691

CHIROPODIST:

Mrs D. McMillan
"Pendee", Weeley Road, Aingers Green
Home visits - 251773

POLICE:

Clacton 01255 221312

PARISH COUNCIL:

Clerk to the Council - Geoffrey Catchpole
The White House, Manningtree Rd, Stutton
Ipswich, Suffolk IP9 2SR - 01473 328490

Chairman:

Robert Taylor - 250087

TENDRING DISTRICT COUNCILLOR:

Robert Taylor
"Dominica" Moors Close - 250087

TENDRING RURAL WEST

Derek Robinson
Brentor, Brightlingsea Road, Thorrington, CO7 8JH
01206 250557

GOOD NEIGHBOURS TRANSPORT:

Dreena Williamson - 250679 or if unavailable
Deputy: Anne Griffiths - 251605 (evenings & weekends only) or
Dennis Curry - 251717

MEDICAL AIDS:

Sylvia Adams 250160 or Norman Fuller 251137

TENDRING FURNITURE SCHEME,

Rocket House, Gorse Lane Industrial Estate, Clacton:
01255 476068

VILLAGE HALL BOOKINGS:

Heather Taylor, Granville, Plough Rd - 251004

VILLAGE HALL NUMBER - 251603

METHODIST HALL BOOKINGS:

Robert & Janet Taylor
Dominica, Moors Close - 250087

GT BENTLEY PRIMARY SCHOOL - 250331

COLNE COMMUNITY SCHOOL - 303511

VILLAGE HISTORY RECORDER:

Heather Taylor,
Granville, Plough Road - 251004

COLCHESTER HOSPITALS: 01206 747474

CLACTON & DISTRICT HOSPITAL: 01255 201717

FOOTPATH REP:

Dave Kirby 250585

VILLAGE CARETAKER

David Tyler - 251095

DONATIONS FOR ANIMAL RESCUE CENTRE

Judy & Alan Bishop - 23 Cedar Way, 251702

TENDRING PETS REUNITED

01255 814172